



UNIKLINIK
KÖLN



Your menu card

for elective service patients





Your breakfast

Savoury toppings

Chicken pâté	2
Turkey mortadella	2,3
Vegetable pâté	-
Babybel light, 25% fat in dry mass	9
Cooked ham	2,3
Parma ham	2,3
Roast beef (pastrami)	2,3,6,i,j
Roast pork	2,3,6
Babybel Original, 45% fat in dry mass	9
Brie	9
Camembert (lactose-free)	9
Philadelphia cream cheese with herbs 20% fat in dry mass	9,i
Philadelphia cream cheese, natural 20% fat in dry mass	9
Philadelphia cream cheese with herbs 64% fat in dry mass	9,i
Philadelphia cream cheese, natural 64% fat in dry mass	9
Medium-aged Gouda	1,2,g
Corned turkey	2,3,i
Emmental (lactose-free)	9
Quark, natural, 20% fat in dry mass	9
Poultry liver pâté	2,3

Sweet spreads

Langnese honey, creamy	-
Langnese honey, clear	-
Schwartau apricot jam	-
Schwartau strawberry jam	-
Schwartau cherry jam	-
Nutella	f,g,h,2
Schwartau plum compote	-
Graftschafter sugar beet syrup	-

Spreads

Meggler butter	g
Becel margarine	1
Becel Pro Activ Vital margarine	1

Rolls

Spelt roll	1,6,a.1, a.3, a.4, a.5,g,f,k
Pumpkin seed roll	a.1,a.4,f,k
Lye roll	a.1
Roll with raisins	a.1,f,g

Bread

Wasa crispbread	a.5, g
Whole spelt flour bread	a.2,a.5,g
Cossack sour dough bread	a.1,a.2
Nut bread	a.1,a.3, a.4, h.2,k

Snacks

Bauer fruit yoghurt 3.5% fat	g
Hard-boiled egg	c
Kellogg's 5 grain muesli with milk 3.5% fat	2,a.1,a.2,a.3, a.4,a.5,g,l
Kellogg's 5 grain muesli with natural yoghurt 1.5% fat	2,a.1,a.2,a.3, a.4,a.5,g,l
Zott creamy yoghurt 10% fat	g

You can order a juice or smoothie plus an additional snack each day from Patient Service.

Snacks

Lorenz Paprika Crunchips	g
Corny muesli bar	a.1,a.3, a.4, e, h.2
Lorenz peanuts, roasted & salted	e
Haribo Goldbären (gummy bears)	-
KitKat, 1 bar	a.1,g
m&m's	1,e,f,g
Mars, 1 bar	a.1,c,f,g
Snickers, 1 bar	c,e,f,g,h.2

Fruit juices

Apple juice	-
Multi-vitamin juice	-
Orange juice	-

Smoothies

Red Smoothie	-
Yellow Smoothie	-



Lunch

Soup starter

Beef broth with strips of vegetables and semolina dumplings	a.1,c,i
Cream of tomato soup	g

Please speak to Patient Service if you would prefer a cup of soup to enquire about the soups on offer. Cups of soup are prepared by Patient Service directly on the ward.

Lunch menus

Oriental chickpea stew	Served with leaf spinach	j
Salmon in Dijon mustard sauce	Served with truffle linguini and leaf spinach	a.1,c,d,g,j
Cod fillet	Served on a bed of paprika vegetables with	d
quinoa and green mixed vegetables	d	a.1,c,g
Tomato and mozzarella cannelloni	Served with a red pesto sauce	a.1,c,g
Green Thai chicken curry	Served with basmati rice	a.1,f
Slow-cooked beef	Served with cranberry sauce, Brussels sprouts and potato gratin	3,g
Pork medallions	Served with a creamy peppercorn sauce with mashed potato and needle beans	g

Unfortunately, you cannot select separate components. Patient Service will take your requested order for the following day every day before 12:00. Please note that your requested order can only be taken into account for the following day.





Cakes

Cake selection,
changes daily

Monday	Apricot Madeira cake	a.1,c,g
Tuesday	Slice of Donauwelle chocolate covered cake	1,a.1,c,g,f
Wednesday	Cherry Madeira cake	1,2,6,a.1,c,g
Thursday	Cheesecake with mandarin oranges	1,2,6,a.1,c,g
Friday	Apple sponge cake	1,6,a.1,c,g
Saturday	Cherry cheesecake roll	1,2,6,a.1,c,g
Sunday	Cheesecake with crumble topping	1,2,6,a.1,c,g

Tea

Pot of selected tea

- Premium English Breakfast mix
- Premium Peppermint
- Premium Green Tea
- Premium Fruit Selection
- Premium Rooibos
- Premium Herbal Tea
- Premium Camomile Tea

Dinner

You may select a traditional dinner with bread and cold cuts.

Alternatively, you can choose between a special which changes daily, a platter of mixed cold cuts or a salad.

Savoury toppings

Chicken pâté	2
Turkey mortadella	2,3
Vegetable pâté	-
Babybel light, 25% fat in dry mass	g
Cooked ham	2,3
Serrano ham	2,3
Roast beef (pastrami)	2,3,6,i,j
Roast pork	2,3,6
Babybel Original, 45% fat in dry mass	g
Brie	g
Camembert (lactose-free)	g
Philadelphia cream cheese with herbs 20% fat in dry mass	g,i
Philadelphia cream cheese, natural 20% fat in dry mass	g
Philadelphia cream cheese with herbs 64% fat in dry mass	g,i
Philadelphia cream cheese, natural 64% fat in dry mass	g
Medium-aged Gouda	1,2,g

Sweet spreads

Langnese honey, creamy	-
Langnese honey, clear	-
Schwartau apricot jam	-
Schwartau strawberry jam	-
Schwartau cherry jam	-
Nutella	f,g,h,2
Schwartau plum compote	-
Graftschafter sugar beet syrup	-

Spreads

Meggle butter	g
Becel margarine	1
Becel Pro Activ Vital margarine	1

Bread

Wasa crispbread	a,5,g
Whole spelt flour bread	a,2,a,5,g
Cossack sour dough bread	a,1,a,2
Nut bread	a,1,a,3,a,4, h,2,k

Extras

Vegetable sticks with herb quark 20% fat in dry mass	g
Mozzarella and tomatoes with balsamic vinegar	1,3,g

Snacks

Bread pudding	1,6,g
Alpro Caramel Soya Dessert	f
Alpro Chocolate Soya Dessert	f
Alpro Vanilla Soya Dessert	f
Sweet woodruff jelly	1
Raspberry jelly	1
Bauer fruit yoghurt 3.5% fat	g
Zott creamy yoghurt	g

Sauc

Heinz mayonnaise	2,3,c,i,j
Heinz remoulade	3,c,j
Heinz mustard	1,j
Heinz tomato ketchup	i

Specials, changes daily

Monday	Pork escalope with potato salad	2,a,1,j
Tuesday	Caesar salad with turkey strips (croutons, egg, tomato, Parmesan)	a,1,a,2,c,g,j
Wednesday	"Salade Niçoise" tuna salad	a,1,a,2,c,d,g,j,i
Thursday	Cheese selection served with fig mustard	1,2,g,h,3,j
Friday	Norwegian fish plate served with pumpernickel bread	a,1,a,2,a,3,a,4, d,g,k,m
Saturday	Greek salad	8,a,1,a,2,g
Sunday	Chicken Waldorf salad with walnuts	2,a,1,a,2,c,e,f g,h,3,i,j

Cologne Platter

Platter of pork cold cuts: small escalope, fritter, blood sausage, meatloaf, Mettwurst sausage, cheese, potato salad, brown bread, butter, garnish	2,3,5,1,6,a,1, a,2,c,g,i,j
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Salad

Mixed salad with yoghurt dressing and brown bread	a,1,a,2,,c,g,i,j
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Drinks

Rhodium water	-
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Allergen and additive labelling, dated 05/2023

Allergens

a	Contains gluten a.1) namely wheat a.2) namely rye a.3) namely barley a.4) namely oats or hybrid strains thereof a.5) namely rye
b	Contains crustaceans
c	Contains egg and egg products
d	Contains fish and fish products
e	Contains peanuts and peanut products
f	Contains soya
g	Contains milk including lactose
h	Contains nuts h.1) namely almonds h.2) namely hazelnuts h.3) namely walnuts h.4) namely cashew nuts h.5) namely pecan nuts h.6) namely Brazil nuts h.7) namely pistachios h.8) namely macadamia nuts h.9) namely (Australian) macadamia nuts
i	Contains celery
j	Contains mustard
k	Contains sesame
l	Contains sulphur dioxide or sulphites
m	Contains lupins
n	Contains molluscs

Additives

1	Contains food colouring 1.1) can impair activity and attention among children
2	Contains preservatives
3	Contains anti-oxidants
4	Contains flavour enhancer
5	Contains sweetener 5.1) Granulated sweetener 5.2) contains a source of phenylalanine 5.3) can have a laxative effect if eaten to excess
6	Contains phosphate
7	Waxed
8	Blackened
9	Contains quinine
10	Contains caffeine



Legal notice

Responsible body

University Hospital Cologne
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Images

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